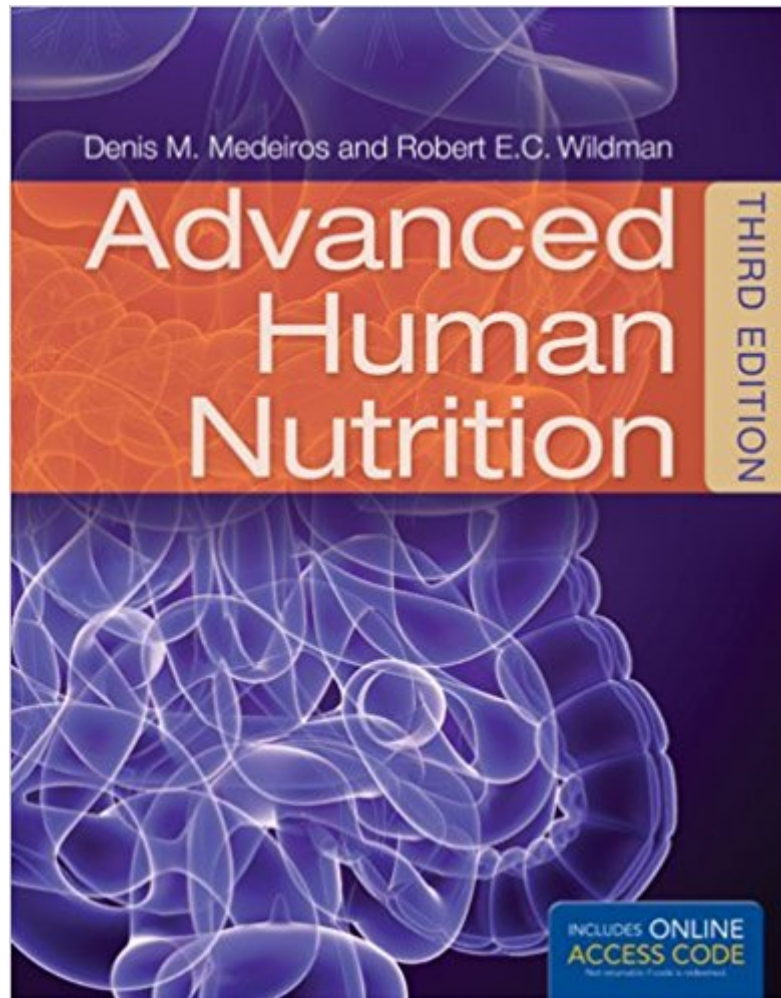




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# Advanced Human Nutrition



## Synopsis

Written for the upper-level undergrad or graduate level majors course, Advanced Human Nutrition, Third Edition provides an in-depth overview of the human body and details why nutrients are important from a biochemical, physiological, and molecular perspective. Through its writing style and numerous figures and illustrations, the Third Edition clearly outlines metabolism and the molecular functions of nutrients. A variety of pedagogical elements within the text, such as **“Here’s Where You Have Been”** and **“Here’s Where You Are Going,”** help clarify key points from the chapter and provide real-world examples that bring the content to life. **New and Key Features of the Third Edition:** Includes new chapters on Fiber and Nutraceuticals and Functional Foods **“Before You Go On”** sections asks students to reflect upon what they’ve just read, urging them to go back and re-read portions of the text if they do not readily grasp the material. **“Special Feature”** boxes on focused topics add depth to the chapter and, in some cases, allow the student to view the application of basic science. The end-of-chapter summary reiterates key points from the chapter and helps students prepare for future exams.

## Book Information

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## Customer Reviews

Some of this research is dated.

This product was great but the service was awful and they charged me large late fee even though I

returned my textbooks on time. As a college student that is very discouraging.

It is nice and well explained.

A+

good info

just as advertised! Would recommend

Good book for reviewing key concepts

My copy is severely damaged. Part of the book is printed upside down!

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